



**School Wide Positive Behavior
Interventions and Supports
(PBIS)**

Parent Handbook

**Alternatives
For Children**



This handbook provides information about the policies and procedures of our school wide Positive Behavior Interventions and Support Plan. When parents, students and teachers work together toward a common goal, a more enjoyable school experience will happen. The goal of our plan is to help our students be successful. Behavior supports play a huge role in a child's education. It is a life-long skill children will rely on as they become active members of their community. Our students deserve the most positive learning environment to achieve academic success. Therefore, this school wide Positive Behavior Interventions and Support Plan will be in effect at all times.

What is PBIS?

The main focus of PBIS is to provide a clear system for all expected behaviors at Alternatives For Children. Through PBIS we will work together to create and maintain a productive and safe environment in which all community members clearly understand the shared expectations for behavior. Through positive recognition and continual teaching of expectations students will experience academic and social growth.

What are the benefits of PBIS?

We believe that through the implementation of PBIS systems and strategies we will increase academic performance, increase safety, decrease problem behavior and establish a positive school climate.

Why PBIS?

PBIS methods are research-based and have been proven to significantly reduce the occurrence of problem behaviors in schools. One of the key components of the system is a focus on prevention. Students are taught clearly defined behavioral expectations for all aspects of the school environment. They are provided with predictable responses to their behavior, in a positive way.

PBIS Practices

As part of PBIS practices, Alternatives For Children has developed school-wide procedures to support implementation.

Define Behavioral Expectations. A small number of behavioral expectations are positively stated and clearly defined. **We Are Safe, We Are Kind and We Are Ready.**

Teach Behavioral Expectations. The behavioral expectations are taught to all students. Behavioral expectations are taught using the same teaching methods used in academic curricular (Teach, Model, and Practice).

Acknowledge Appropriate Behavior. Once appropriate behaviors have been defined and taught they will be acknowledged on a regular basis. Alternatives For Children has developed a system that acknowledges expected behavior.

Behavioral Expectations

The chart on the back explains Alternatives For Children's Behavioral Expectations, **We Are Safe, We Are Kind and We Are Ready**, and the behavioral rules for the many areas at school.

Parents, please keep in mind that these expectations will be taught at the beginning of the school year and throughout the school year. Our goal is to create a positive environment for everyone at Alternatives For Children.

At the beginning of each school year every classroom will work together to develop the expectations for their classroom. Each classroom will define what it looks like when **We Are Safe, Kind and Ready** in their classroom.





How does this work in the home?

We've come up with some **RULES** that go with the **EXPECTATIONS** of what it might look like in the home when **We Are Safe, We Are Kind and We Are Ready.**

But, that doesn't work for me in my home!

Do you have **SAFETY** concerns? How can we **BE SAFE**?
Write some **RULES** that go with the **EXPECTATIONS** of what it might look like to be **SAFE**. Talk about these rules as a family.

Expectations	Rules	Setting  home
WE ARE SAFE 	We hold hands in the parking lot We stay with our family We stop when asked	  
WE ARE KIND 	We use nice words We share with our family	  
WE ARE READY 	We take turns Eyes on me Listening ears	 

Expectations	Rules	Setting  home
WE ARE SAFE 	1 2 3	




Write your rules using simple verbal requests
In language your child will understand

Use only two or three rules

Take pictures of your child following each rule and put them here

Then do the same thing for 



Expectations	Rules	Setting  home
WE ARE KIND 		
WE ARE READY 		

Write your rules using simple verbal requests
In language your child will understand

Use only two or three rules

Take pictures of your child following each rule and put them here



Of course, over time your **RULES** that go with the **EXPECTATIONS** might need to be changed
No problem . . . Make a new chart . . .

Expectations	Rules	Setting  home
WE ARE SAFE 		
WE ARE KIND 		
WE ARE READY 		

Charts will be available for you to download and print out from our website!

Click on
Resources
Family Resources Links



<http://www.alternatives4children.org/family-resource-links.html>



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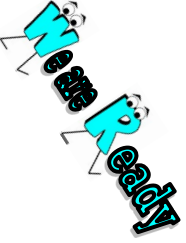
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SETTING

EXPECTATION

MATRIX

	Hallways	Classrooms	Playground	OT/PT/Music Speech/Psych/ Computer	Busing	Home
WE ARE SAFE 	Line up Walking feet Quiet hands	Wash hands Walking feet Sit in chair	Adult opens the door and gate We go up the stairs and down the slide We play nicely with our friends and toys Keep our hands to our own body	Adult opens the door Walking feet Sit in chair	We hold onto the railing going up the stairs We keep our seat-belts on Quiet hands Quiet feet	We hold hands in parking lots We stay with our family We stop when asked
WE ARE KIND 	We say hello We use nice words Hands at side	We say hello We use nice words We share with our friends We take turns	We take turns We use nice words	We say hello We use nice words We take turns	We say hello to the driver We use nice words	We use nice words We share with our family We take turns
WE ARE READY 	Looking eyes Listening ears Quiet mouth	We play nicely with the toys Looking eyes Listening ears I'm ready to work	Looking eyes Listening ears Finished Clean Up Line up	Looking eyes Listening ears I'm ready to work Finished Clean Up Line up	We wait our turn to get on the bus Find our seat Looking eyes Listening ears	Looking eyes Listening ears

EXPECTATIONS